

TO USE REDIMD AS A **FIRST-TIME** USER

1

REGISTER.*

- Go to www.redimd.com
- Click "register"
- Select "register " or "First Time User"
- Enter code listed bottom of page and click "next"
- Follow registration directions, enter your e-mail and create a password
- Complete profiles and registration directions.

2

SCHEDULE.

- Make appointment
- Select provider, date, and time
- No copay or payment required.

3

CONSULT.

- Take vitals. Or put 1 in each box if vitals are not taken.
- Consult with your provider (see options below)

*

TO USE REDIMD AS A **RETURN** USER

1

LOG IN.

- From any internet connected computer or smart phone .
- Log in at www.redimd.com
 - Enter your e-mail and password

2

SCHEDULE.

- Make appointment
- Select provider, date, and time
- No copay or payment required.

3

CONSULT.

- Take vitals or put 1 in each box if vitals are not taken.
- Consult with your provider (see options below)

*Registration is a one-time process and can be done without having to schedule an appointment. Also a RediMD customer services provider can register and make appointments for you by calling 888-REDIMD5 or 888-733-4635

CONSULT WITH YOUR REDIMD PROVIDER

AT YOUR Work Computer: To see a provider for your online consult

- Go to your Work computer for the online consult 10 minutes before your appointment time
- Go to www.redimd.com, log in to your account and go to your appointment
- Take your blood pressure, pulse and temperature and enter your vital readings as prompted, and follow the directions, **or put 1 in each box if vitals are not taken.**
- The provider will appear at the appointment time to consult with you about the medical information you provided and give you a diagnosis and recommend treatment.

On a smart phone or IPAD: To see the provider for your online consult

- 10 minutes before your appointment time, go to www.redimd.com, log in to your account and go to your appointment .
- Have your photo ID available.
- Put 1 in each box if the vitals: blood pressure, pulse, etc are not taken and follow the directions.
- Press start video and the provider will appear at the appointment time to consult with you about the medical information you provided and give you a diagnosis and recommend treatment.

BY PHONE: To speak with provider

- When a computer or smart phone is not available.
- Call our 24/7 phone line **(888)RediMD5**

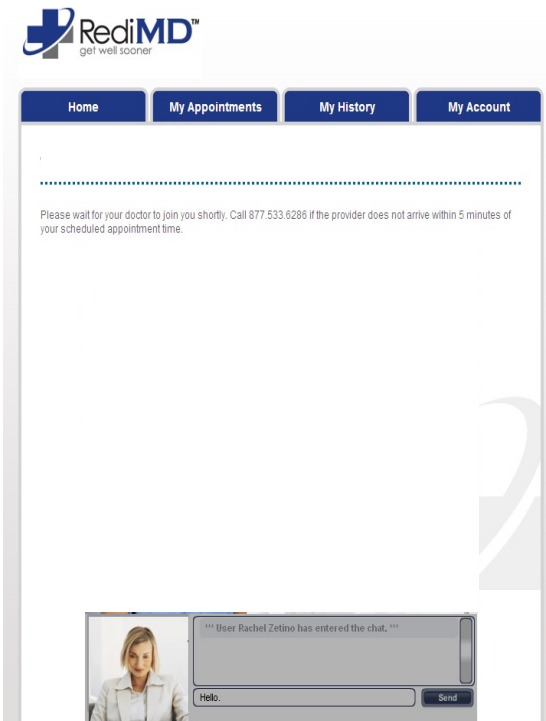
www.redimd.com

Para Ayuda Llamar / For help, call RediMD at 888-REDIMD5 or 888-733-4635



***Code to register = TASB**

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RediMD provides workers comp medical care online via webcam, smart phone, or by telephone. You can see and speak with a board certified physician who can diagnose and recommend treatment.

RediMD service is available for you to use during days, nights, and weekends

Consultas en español

Para Instrucciones por favor llamar a
888-REDIMD5 or 888-733-4635

REDIMD TREATS MOST WORKERS COMP AILMENTS INCLUDING, BUT NOT LIMITED TO:

<i>STRAINS</i>	<i>ALLERGIC REACTIONS</i>	<i>INFECTIONS</i>	<i>INHALATION INJURIES</i>
<i>CONTUSIONS</i>	<i>STINGS</i>	<i>HEAT STRESS</i>	<i>HEADACHES</i>
<i>BURNS</i>	<i>BACK INJURIES</i>	<i>ETC.</i>	

- A computer with internet connection and web camera, or a smart phone or iPad with internet connection is required for all face-to-face visits.
- Visit us at www.RediMD.com for more information and to register

www.redimd.com

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RediMD visits available from work or home
24/7 by telemedicine
24/7 by phone call (888)RediMD5